

Centre for Educational Psychology and Guidance (Centre de psychologie et d'orientation scolaires - CPOS) and Life Stage Art and Education a.s.b.l have developed a guidance programme with students in transition who have problems integrating in the Luxembourgish school system.

"STOP & GO. Where do I stand - where do I want to go?", Luxembourg

The programme focuses on a personal orientation and the resulting development of a student's life, school and career guidance by bringing together resources inside the school from the teaching staff, and external impulses from staff specialized in the artistic, cultural and therapeutic areas.

The aim of the programme is to integrate the experiences of creative work into everyday life and to favour the best possible development of transversal skills in students: Self-assurance, self-worth and self-confidence provide them with a sustainable and increased sense of self-efficiency, ability to take decisions and flexibility in their actions.

"Life Stage Workshops" integrated in the continuous weekly course work help to develop social and personal skills during the school year and intensive workshops on the "Artistic Stage" help to develop formative and artistic skills.

"STOP & GO" has been assessed by Trier University (Germany).

"Young people learn to understand their biographical and biographical body awareness, in other words, they learn to cope with social and guidance situations more effectively".

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